

The LORD is my *Shepherd*;
I shall not want.

He maketh me
lie down in green pastures:

He leadeth me beside the still waters,

He restoreth my
soul:

He leadeth me in the paths of righteousness
for His name's sake. Yea though I walk through the
valley of the shadow of death.

I will fear no evil:
for Thou art with me;
Thy rod and Thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies

Thou anointest my head with oil; My cup runneth over

Surely goodness & mercy shall follow me

all the days of my life;

And I will dwell in the house
of the LORD *forever.*
- Psalm 23



Nishna Valley Funeral and Cremation Service
Shenandoah, Iowa
www.swimemorial.com



In Loving Memory
Mary Lou Holmes



Mary Lou Holmes, was born on October 28, 1945 in Red Oak, Iowa, the only girl of five children of Joseph Curtly and Helen Frances (Allender) Mirts. She grew up on a farm near Coburg, Iowa, attended school in Coburg through the 8th grade, and was a graduate from the Red Oak High School.

Mary Lou and Wayne Clifford Holmes were united in marriage on February 11, 1967 at the United Methodist Church in Red Oak. They were blessed with two sons, Brian and Mark.

Mary Lou was a busy mother and farm wife who helped with field work and livestock, raising cattle, hogs, and sheep. She also helped her sons with their 4-H projects.

Mary Lou was a member of the Norwich Social Hour and Emmanuel Lutheran Church where she volunteered to organize weddings held at the church. She enjoyed gardening, reading, play cards, especially bridge, and traveling. For 30 years, Mary Lou and Wayne avoided most of the Iowa snow and ice by spending the winter months in Apache Junction, Arizona. They enjoyed a trip to Alaska and traveling with Niehart Tours, visiting Sweden, Norway, and Denmark. Mary Lou was a wonderful daughter, sister, wife, mother, grandmother and a good friend to all who knew her.

Mary Lou passed away on September 26, 2019 at Nebraska Medicine in Omaha, at the age of 73 years, 10 months, and 28 days. She was preceded in death by her parents; brothers, Gordon, Kenneth, and Glen Mirts; brother-in-law Robert Holmes; and sisters-in-law, Jeanette Mirts and Helen Holmes.

Mary Lou is survived by her beloved husband of 52 years, Wayne Holmes of Shenandoah, IA; sons, Brian Holmes and wife Lisa of Shenandoah, and Mark Holmes and wife Sarah of Des Moines, IA; 5 grandchildren, Brianna, Adrianna and Evan Holmes of Shenandoah, and Gavin and Carson Holmes of Des Moines; brother Gene Mirts and wife Beverly of Red Oak; brother-in-law Gene Holmes of Shenandoah; sister-in-law Marilyn Holmes of Shenandoah; extended relatives; and a host of special friends.

Memorials

Emmanuel Lutheran Church
DaVita Shenandoah Dialysis

Following the services at the cemetery, you are invited to return to the church for lunch and a time of fellowship with the family.

In Loving Memory
Mary Lou Holmes

October 28, 1945 - September 26, 2019
73 years, 10 months, 28 days

Visitation

5:00 p.m. to 7:00 p.m.
Sunday, September 29, 2019
Nishna Valley Funeral Home
Shenandoah, Iowa

Funeral Service

10:30 a.m.
Monday, September 30, 2019
Emmanuel Lutheran Church
Shenandoah, Iowa
Pastor Kurt Hoover, Officiating

Memories

Pastor Ray McCalla

Casketbearers

Evan Holmes Gavin Holmes Carson Holmes Craig Holmes
Darwin Holmes Don Holmes Charles McCalla Jim McCalla

Honorary Bearers

Ed McCalla Jon Hallquist Gene Mirts Jim O' Hara

Musical Selections

Steve Richardson, Organist Pam Lewis, Vocalist

"How Great Thou Art"

Congregational Hymns

"Amazing Grace" "Beautiful Savior"

Registry Attendants

Ginger McCalla Kathy Harvey

Flower Attendants

Cheryl Hallquist Charlotte New

Ushers

Tony Ballain Ron Oestmann

Place of Rest

Rose Hill Cemetery
Shenandoah, Iowa